

Sonoma LAVENDER Heated Spa



Heat therapy not only soothes and relaxes tense muscles, but also provides significantly more pain relief than oral analgesics and the effects last 48 hours. (According to a study by the University of Medicine and Dentistry of New Jersey) Sonoma Lavender Heated Spa Collection provides relaxation, comfort and pain relief throughout the body with sustainable, natural ingredients of flaxseed and lavender. Eucalyptus Wraps contain flax, Lavender Buds and Eucalyptus Essential Oil.

SPA BOOTIES & FOOTIES

Tall Spa Booties or Footies (not shown) are perfect for comforting sore, achy feet and improving circulation. Just heat for a minute in the microwave for twenty minutes of heat. Apply Sonoma Lavender Foot Balm first for a deep moisturizing treatment. After Foot Balm, put a plastic bag over foot and then, hot Booties. Put your feet up and enjoy twenty minutes of muscle and skin therapy. Remove cover for cold water washing.



SPA MASK

Place Spa Mask over forehead, temples and eyes for a welcome respite from busy lives. You may prefer to warm or chill the mask for extra relief. (30 seconds in microwave) The aromatherapy of lavender relaxes the senses, while the weight of the flaxseed blocks the light and slows rapid eye movements. Remove cover for cold water washing.

SPA MITTENS

Pamper over worked hands, arthritis, diabetes, and other circulatory issues with warm Spa Mittens. Indulge in a deep moisturizing treatment by applying Lavender Hand Cream first, followed by a plastic bag, then warm mitten. (30 seconds in microwave) Your hands will benefit from the soothing warmth and look younger. Remove cover for cold-water washing.

NECK PILLOW

Tense, strained muscles around the neck benefit from the heat and weight of the Sonoma Lavender Neck Pillow, which is wider and heavier than most to give deeper therapy. Heat for 1-2 minutes in the microwave and the weight and heat will loosen muscle tension on the neck, shoulders and back. Remove cover for cold-water washing.



HEAT WRAP

A versatile, long shape measuring 26 x 8", the Heat Wrap gives soothing relief to any part of your body: lower back, mid back, knees, hips, or even around the neck and shoulders. Just heat the wrap for 1-2 minutes for fifteen minutes of deep-heat muscle relief.

Soothe sore, achy muscles with the healing power of lavender and heat therapy, by Sonoma Lavender.

Hot / Cold Therapy

HEAT THERAPY relaxes muscles, relieves pain, improves circulation, brings healing blood and oxygen to sore muscles, so the body can heal itself. Use heated towel racks, clothes dryers, dry hot cabbies or microwave to heat. We recommend dry hot cabbies (no water) for professional use to last longest. Do not leave heating overnight to prevent fires.

COLD THERAPY reduces inflammation, reduces swelling and relieves pain. Freeze any wrap in a plastic bag in the freezer. Can be stored in the freezer indefinitely, and reused. Especially good for Spa Masks, Mittens, Heat Wraps and Neck Pillows.



NECKROLL

This versatile, round pillow can be used room temperature, heated or chilled, as preferred. Behind the neck, in the small of the back, under forearms. Heat 1 minute. Insert removes for cold-washing cover.

SPA BLANKIE

The ultimate! A full 44" long and 18" wide, the heated Spa Blankie is the largest that can fit in a microwave safely (2 minutes). The quilted insert keeps lavender and flaxseed even throughout the Blankie for warm, soothing heat around your shoulders, over your body or on your lap. Inserts removes for cold-water washing.

WHY SONOMA LAVENDER WRAPS ARE THE BEST:

1. **ABUNDANT LAVENDER** and Essential Oils enhance the aromatherapy experience. You can smell the difference! Spray inserts with more oil as desired.
2. **FLAXSEED** has higher oil content than other grains allowing flaxseed to hold the heat longer and have a longer shelf-life than buckwheat hulls, rice or other grains. Flaxseed has a luxurious feeling, rather than lumpy and dry, like buckwheat hulls.
3. **WASHABLE, REMOVABLE COVERS.** Our covers can be removed for washing. Other, cheaper versions do not have removable and washable covers which make them unsanitary.
4. **LUXURY FABRICS.** We design unique fabrics every six months to keep your selection fresh and current.
5. **MADE IN AMERICA.** High quality by American workers keeps our economy strong. Locally made saves on shipping from overseas, keeping global warming and petroleum use down. Wraps made in China ship on the ocean making them musty.

PROFESSIONAL TIP: Use towels, tissues, or plastic bags for sanitary purposes.

RETAIL TIP: Keep ribbons and hangtags new looking for improved sales. Multiples of each product sell better than singles. If you need additional ribbons, pins, tags or bootie and mitten bands, please email shelli@sonomalavender.com.



Spa Blankie is a full 44 x 18" to wrap around shoulders, over or under your body



More Questions?

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