

# Sonoma Lavender Spa Party Protocol

## Moisturizing Hand Treatment



Set up a simple lavender treatment for your clients for great sales results.

### **EQUIPMENT AND TOOLS:**

Table or “bar” with lavender tablecloth and clean white towel

Microwave, hot cabby, or towel warmer

Pitcher or carafe to hold sudsy warm water and bucket to dump dirty water

Plastic liners for mittens and booties <http://www.massagewarehouse.com/products/mitt/bootie-liners-bulk-pack-of-100/>

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Nice paper towels, Bowls for soaking hands, Small spoons to dip into product

### **SONOMA LAVENDER PRODUCT:**

Lavender Spray Mist

Lavender Handsoap (or Shower Gel or Bubblebath)

Lavender Sea Salt Bath

Lavender Salt Scrub

Lavender Hand Cream

Lavender Essential Oil

Lavender Neck Pillow or Spa Blankie

Lavender Mittens

### **SET UP:**

1. Set up your table with lavender table cloth and white towel on top.
2. Position customer chairs or stools on one side and equipment and supplies hidden behind the table or arranged neatly behind you.
3. Place water carafe in easy reach, but out of the way of the working area.
4. Place bowls on table in easy reach.
5. Arrange a nice display of testers of Sonoma Lavender products so you can refer to each one as it is being used. Use small spoons in them.
6. Shortly before the treatment, fill the carafe with a little hand soap (bubblebath or shower gel) and fill with very warm water.
7. Heat mittens, neckpillows and spa blankies in microwave or hot cabby. It is not necessary for the items to be piping hot, just pleasantly warm.

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**ONE-HAND TREATMENT:** Perform on one hand, and when it's finished show them the difference between their hands. Even you'll be amazed!

1. Put a warm neck pillow or spa blankie around neck and shoulders. *Explain: It's filled with lavender buds and flax. The heat relaxes muscle tension, while the aromatherapy of lavender soothes jangled nerves and elevates your mood.*
2. Spray hand and face with Lavender Spray Mist. *Explain: Lavender is antiseptic and kills germs. Spray face for stress relief or as a room or linen spray.*
3. Put a spoonful of Lavender Sea Salt Bath in the bowl. *Explain: Lavender Sea Salt softens the skin and draws toxins from the body.*
4. Pour sudsy warm water in bowl and soak back of hand. Rest elbow on table. *Explain: Lavender Hand Soap is antiseptic and makes washing a relaxing ritual.*
5. Dribble one teaspoon Lavender Salt Scrub on the back of the hand and scrub in small circles, 30-60 seconds. *Explain: Our Salt Scrub is superfine sea salt, which exfoliates old skin without being rough. Lavender, jojoba, almond, grapeseed oils are rich and nourishing to the skin.*
6. Rinse the hand with water from the bowl. Pat dry with paper towel. Empty and remove the water bowl.
7. Apply a dime size portion of lavender handcreme. Massage tension out of the hand. Leave extra handcreme on the skin. *Explain: Lavender Handcreme has mango seed butter to moisturize, vitamin A & E to nourish and lavender oil to heal and promote new skin growth.*
8. Put a plastic bag over hand and cover with a warmed mitten. Place hand

on the table to relax for a few minutes. *Explain: The warmth of the mitten soothes tired hands and improves circulation, while penetrating the hand crème. Helps relieve arthritis and bursitis.*

9. Take the mitten and plastic bag off and compare the two hands. The client can use excess lotion to moisturize the other hand.